



# Dr Helen Edwards, PhD. Children's Author

My name is Dr Helen Edwards and I'm an Adelaide-based writer who loves to weave stories of nature, magic and history. My debut middle-grade novel - THE REBELS OF MOUNT BUFFALO - will be published on 11th October 2023, by Riveted Press.

## ➤ QUALIFICATIONS

- Bachelor of Social Work (Hons.), 1989
- Diabetes Education and Management (Grad Cert), 2004
- Cert Narrative Therapy, 2005
- Cert IV in Design (ISCD), 2016
- PhD Psychology, 2019

## ➤ CONTACT

Ph: 0410 301267



Email:

[contact@helenedwardswrites.com](mailto:contact@helenedwardswrites.com)

Website:

[helenedwardswrites.com](http://helenedwardswrites.com)

[@drhelenedwardswrites](https://www.instagram.com/drhelenedwardswrites)

I have a varied skill set and background and am available to speak at libraries, bookshops, schools and community gatherings, on a wide range of topics. I have a PhD in Psychology and worked in mental health for many years. In 2001 I founded a groundbreaking online diabetes counselling service. I won many awards and was even a state finalist in the Australian of the Year.

I've had type 1 diabetes since 1979 and live with anxiety and ADHD. I include characters in my stories who are neurodivergent and/or who live with physical and mental health conditions, out in the world, having adventures. I'm passionate about inspiring action for our planet and nature features in all of my stories. I find history fascinating and uncover stories that may have been forgotten, or hidden, and bring them into the light. I also believe that fantastical things can happen and see magic in the everyday.

I am an Australia Reads Ambassador, a member of the CBCA, SCBWI and the Australian Society of Authors. I am part of the Author Pen Pals project. If you're looking for a children's author who speaks from the heart, who laughs loud and loves deep, who is passionate about people and planet, and who understands we come in a glorious rainbow of human beings, I'm your person.

I have a South Australian Working With Children Check & am a member of the Children's Book Council Australia, Australian Society of Authors & Society Children's Book Writers & Illustrators

*Helen*