



Dr Helen Edwards, PhD. Children's Author

Dr Helen Edwards is an Adelaide-based children's author who weaves stories of nature, magic and history. Helen's debut middle-grade novel, *The Rebels of Mount Buffalo*, was published in October 2023 by the award-winning Riveted Press. It was longlisted in the Diverse Australia and New Zealand Children's Book Awards (DANZ) in February 2024. It was shortlisted in the Speech Pathology Australia Book of the Year Awards in June 2024.

Helen's second middle-grade novel, *Legend of The Lighthouse Moon*, is a magical historical story set on Kangaroo Island in 1970 at the Cape Willoughby lighthouse. It features a main character with type 1 diabetes, the history of the lighthouse and the endangered sea lions. It will be released on 2nd October 2024 with Riveted Press. Her third novel, an Australian WWII historical fiction story is coming in April 2025. And her fourth, co-written with award-winning author Kate Gordon, in August 2025.

Helen worked for many years in mental health and has a PhD in Psychology. She writes stories that reduce stereotypes, increase understanding of diversity, and feature Australian history and nature. She lives in Adelaide with her family, two cats and a very active rescue kelpie! When not reading, writing or watching good stories, you'll find her walking in nature, going on road trips, laughing a lot, and listening to music.

Helen is a role model for Books in Homes and an Author Pen Pal. She's on the CBCA committee in SA. She's a member of SCBWI and the Australian Society of Authors. Helen has over 90,000 social media followers and is an active member of the Australian literary community.

➤ QUALIFICATIONS

- Bachelor of Social Work (Hons.), 1989
- Diabetes Education and Management (Grad Cert), 2004
- Cert Narrative Therapy, 2005
- Cert IV in Design (ISCD), 2016
- PhD Psychology, 2019

➤ CONTACT

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