

Dr Helen Edwards is an award-winning Australian author and speaker who writes books for kids and adults. Helen has a PhD in Psychology and a long background working in mental health. Her aim is to raise hope through stories. She is passionate about nature and a huge history nerd!

Helen has been shortlisted in and won a number of awards, including being a mid-career SA State Library Literary Fellow in 2025, supported by Writers SA. She was also shortlisted in this Fellowship in 2024.

Of note, Helen was a State Finalist for Australian of the Year for her work in diabetes.

In 2024 *The Rebels of Mount Buffalo* was longlisted in the DANZ Awards for books with feature diversity and shortlisted in the Speech Pathology Book of the Year Awards. *Legend of the Lighthouse Moon* won category two of the Forevability Awards in March 2025. *On Gallant Wings* was longlisted in the ARA Historical Novel Prize September 2025.

The Disappearing Circus, co-written with multi-award-winning author Kate Gordon, was published on 29th July 2025 by Riveted Press. *A Light on the Rocks* is her latest middle-grade novel, released on 28/1/26. She has recently signed with Wombat Books to write a teen novella for their Rhiza Shorts series.

Helen is currently working on a number of projects with Kate Gordon, a YA of her own and her first adult novel – set in Sydney in 1949, when the Women's Weekly brought a young Christian Dior to Australia for his first showing outside Paris, there's high society secrets, murder, the daily life of working class Sydney Harbour, strong women banding together and a community still reeling from war. Stay tuned!

Follow Helen's work at www.helenedwardswrites.com and @drhelenwrites on Facebook and Instagram.

